



Key Competences for Lifelong Learning in International Activity

The 8 Key Competences for Lifelong Learning were used as a basis for a guidebook, which was created in ToVet project. There are two versions of this guidebook, one for students who are participating in mobilities abroad and the other for students, who are studying a course of international skills in their home country.

The objective of the guidebook for mobilities is to assist the students to orientate to their exchange period and to report about their experiences and observations about the working life, culture and lifestyle in their destination countries. Some assignments are done before the exchange, the others during or right after the exchange period. In some assignments the students do self evaluation e.g. by comparing their multilingual, mathematical or digital skills before and after the exchange and telling, in what way these competences have improved or why they haven't.

The assignments of the home country version are nearly the same as in the international version. The students have to choose a destination country without travelling there and search different kind of information online and also interview some foreigners living in their home country as well as students who have had an exchange period abroad. In both versions there are written and oral assignments and students have to take pictures, make videos and interviews.

Giving a report insists the students to take a closer look at various aspects of life in the destination country. The assignments also improve the different competences of the students and if they do all the assignments in English they can get an extra credit to their English studies.